

## Leadership Lessons through Workplace Spirituality and Self-Management

HR04

### Programme Overview

Leadership has become an increasingly difficult, complex, and multi-faceted topic in today's globalized world. Leadership is the ability of a superior to influence the behaviour of a subordinate or group and persuade them to follow a particular course of action, for that leader should possess a clear vision, vivid picture of where to go and a firm grasp on success and how to achieve it. The crisis of leadership appears as the most pertinent problem confronting the corporate world today. Lesson from Indian Ethos shapes the future with an ideal endeavour in extracting wisdom and intelligent introspection to apply efficiently in the modern times and overcome turbulence. The unique features of Indian civilization are spirituality and self-management. Spirituality is about seeking a meaningful connection with something bigger than self and this orientation helps in self-management. Self-management is the ability to prioritize goals, decide what must be done, and be accountable to complete the necessary actions. Self-management for leaders is a newer leadership buzzword that is based on long-standing best practices of time management, personal management, values-based leadership and leading by example.

### Objectives

- To deliberate on the relevance of Indian Ethos in addressing the contemporary challenges of leadership.
- To make the participants conscious about workplace Spirituality, Self-management and how they add value to leadership.

### Content

- Introduction to Back to Basics – Indian Ethos and Understanding of leadership
- Workplace Spirituality – Discussion on the framework of organizational values evidenced in the culture that promotes employees
- Self-Leadership - How to Become a More Effective, and Efficient Leader from the Inside Out
- Leadership Value Proposition – Integrating the lessons from Indian Ethos, Workplace Spirituality and Self -Leadership for effective leadership

### Pedagogy

The program will use Case Studies, Role Plays, Group Activities, Diagnostic Instruments and Classroom lectures. Offered in an Online.

### Key Takeaways

With several behavioural assessments and activities, participants will learn to enhance their competencies in the areas of personal leadership, interpersonal influence, and transformational leadership which are integral to build and lead teams apart from expansion of professional and personal network.

### Who Should Attend

This programme is meant for working professionals in public & private organizations, with at least three (3) years of work experience

### Programme Director

Dr V. V. S. S. Vara Prasad Y Professor